Table 1. Baseline Bow Control (1st & 2nd year)

Skill(s)	Rationale
Bow-Hand Shape & Pizzicato	Foundational Right-Hand Shape
Pre-Bowing Exercises	Away from Instrument: 1) Review bow-hand shape 2) Extension & flexion 3) Abduction & adduction 4) Pronation & supination
Détaché (Simple-Connected)	On Instrument: 1) Review bow-hand shape 2) Extension & flexion 3) Abduction & adduction 4) Pronation & supination
(Lifts, String Crossings)	
(2/3rd of bow, bow distribution with basic rhythms, weight, speed)	
Staccato (Simple-Stopped)	1) Review of weight (index finger, arm weight) and bow speed 2) Refine pronation
(Angle, Contact Point)	
Hooked Bowing & Slur	1) Goal of baseline bow control 2) Review of staccato 3) Enhances right- & left-hand coordination

Table 2. Intermediate [Developing] Bow Control (2nd & 3rd year)

Skill(s)	Rationale
Bow Hand Shape, Détaché, Staccato, Slurs	Review Baseline Right-Hand Skills
Finger Motion	1) Refines bow-hand shape; 2) Increases finger mobility 3) Enable students to play with the full bow
Tremolo	1) Wrist and arm 2) Develops finger and wrist mobility
Extending the Détaché Stroke	Enhances bow control
Arm Weight & Bow Distribution with eighth and sixteenth rhythms	
Martelé (marked stroke)	1) Large 'down' and 'up' motion 2) Refines pronation, arm weight, and bow speed 3) Teaches accents with heavy, fast, stopped stroke
Accented Détaché	1) Combines an accent with a connected détaché stroke 2) Smaller, more refined 'down' and 'up' motion
Slurred Staccato	1) Builds off of hooked bowings and accented détaché 2) Multiple articulations in one bow stroke 3) Teaches even bow distribution across the entire bow.
*Portato (Louré)	1) Multiple articulations in one bow stroke 2) Very subtle accent or pulse across a connected stroke.
*Collé	Reinforces finger and wrist motion
*Brush Stroke	1) Reinforces collé 2) Develops off-the-string spiccato
*Spiccato	Goal of intermediate bow control

* Continues into the 4th year of instruction.

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